

Anchovy Butter

Ingredients

To every lb. of butter allow 6 anchovies, 1 small bunch of parsley.

Method

Wash, bone, and pound the anchovies well in a mortar; scald the parsley, chop it, and rub through a sieve; then pound all the ingredients together, mix well, and make the butter into pats immediately. This makes a pretty dish, if fancifully moulded, for breakfast or supper, and should be garnished with parsley.

Source: Mrs Beeton's Book of Household Management (1861)

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