

Barley Soup

Ingredients

2 lbs. of shin of beef, 1/4 lb. of pearl barley, a large bunch of parsley, 4 onions, 6 potatoes, salt and pepper, 4 quarts of water.

Method

Put in all the ingredients, and simmer gently for 3 hours.

Source: Mrs Beeton's Book of Household Management (1861)

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