

Boiled Skate

Ingredients

1/4 lb. of salt to each gallon of water.

Method

Cleanse and skin the skate, lay it in a fish-kettle, with sufficient water to cover it, salted in the above proportion. Let it simmer very gently till done; then dish it on a hot napkin, and serve with shrimp, lobster, or caper sauce.

Source: Mrs Beeton's Book of Household Management (1861)

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