

Kegeree

Ingredients

Any cold fish, 1 teacupful of boiled rice, 1 oz. of butter, 1 teaspoonful of mustard, 2 soft-boiled eggs, salt and cayenne to taste.

Method

Pick the fish carefully from the bones, mix with the other ingredients, and serve very hot. The quantities may be varied according to the amount of fish used.

Source: Mrs Beeton's Book of Household Management (1861)

Ingredify <https://ingredify.com>