

Lemon-Water Ice

Ingredients

To every pint of syrup, made by recipe No. 1513, allow 1/3 pint of lemon-juice; the rind of 4 lemons.

Method

Rub the sugar on the rinds of the lemons, and with it make the syrup by recipe No. 1513, omitting the white of egg. Strain the lemon-juice, add it to the other ingredients, stir well, and put the mixture into a freezing-pot. Freeze as directed for Ice Pudding, No. 1290, and, when the mixture is thoroughly and equally frozen, put it into ice-glasses.

Source: Mrs Beeton's Book of Household Management (1861)

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