

Recipe 616

Ingredients

A few thin slices of cold boiled beef; butter, cabbage, 1 sliced onion, pepper and salt to taste.

Method

Fry the slices of beef gently in a little butter, taking care not to dry them up. Lay them on a flat dish, and cover with fried greens. The greens may be prepared from cabbage sprouts or green savoys. They should be boiled till tender, well drained, minced, and placed, till quite hot, in a frying-pan, with butter, a sliced onion, and seasoning of pepper and salt. When the onion is done, it is ready to serve.

Source: Mrs Beeton's Book of Household Management (1861)

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