

Roast Saddle Of Lamb

Ingredients

Lamb; a little salt.

Method

This joint is now very much in vogue, and is generally considered a nice one for a small party. Have ready a clear brisk fire; put down the joint at a little distance, to prevent the fat from scorching, and keep it well basted all the time it is cooking. Serve with mint sauce and a fresh salad, and send to table with it, either peas, cauliflowers, or spinach.

Source: Mrs Beeton's Book of Household Management (1861)

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