

To Dress Wheatears

Ingredients

Wheatears; fresh butter.

Method

After the birds are picked, gutted, and cleaned, truss them like larks, put them down to a quick fire, and baste them well with fresh butter. When done, which will be in about 20 minutes, dish them on fried bread crumbs, and garnish the dish with slices of lemon.

Source: Mrs Beeton's Book of Household Management (1861)

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